

1. CALL TO ORDER

Call to Order – 1:04 PM

2. TERRITORIAL ACKNOWLEDGMENT

We respectfully acknowledge that the SFSS is located on the traditional, unceded territories of the Coast Salish peoples, including the x^wməθk^wəyəm (Musqueam), Sk̓wx̓wú7mesh Úxwumixw (Squamish), Sel̓íl̓wítulh (Tsleil-Waututh), k^wik^wəłəm (Kwikwetlem) and ḡícəy̓ (Katzie) Nations. Unceded means that these territories have never been handed over, sold, or given up by these nations, and we are currently situated on occupied territories.

3. ROLL CALL OF ATTENDANCE

3.1 Committee Composition

President (<i>Chair</i>)	Gabe Liosis
VP Events and Student Affairs (<i>Vice Chair</i>)	Jess Dela Cruz
VP External and Community Affairs	Matthew Provost
VP Equity and Sustainability	Marie Haddad
VP Finance and Services	Almas Phangura
VP Internal and Organizational Development.....	Corbett Gildersleve
VP University and Academic Affairs	Serena Bains
VP Equity and Sustainability	Marie Haddad

3.2 Society Staff

Operations Organizer	Ayesha Khan
Board Organizer	Emmanuela Droko
Campaign, Research, and Policy Coordinator	Beatrice Omboga
Administrative Assistant	Joseph An

4. CONSENT AGENDA

4.1 CONSENT AGENDA

Be it resolved to adopt the consent agenda by unanimous consent.

CARRIED UNANIMOUSLY

4.1.1. MATTERS ARISING FROM THE MINUTES-Executive Minutes-MOTION EXEC 2021-10-18:01

Be it resolved to receive and file the following minutes:

- EXEC 2021-10-04

5. ADOPTION OF THE AGENDA

5.1 MOTION EXEC 2021-10-18:02

Gabe/Marie

Be it resolved to adopt the agenda as amended.

CARRIED AS AMENDED

- Add discussion item 6.3 Better Health Partnership
- Add In-Camera session item Hours of Work LOA
- Add discussion item 6.4 AGM Overview
- Add discussion item 6.5 Executive Portfolio and Annual Plans

6. DISCUSSION ITEMS

6.1 Council SUB Access Guidelines - Outside of Operating Hours

SUBMITTED BY: VP Internal & Organizational Development “Corbett Gildersleve”

- Executives are sometimes working outside of operating hours in the SUB.
- There needs to be a policy to allow executives to stay in the building outside operating to allow for extra work when necessary.
- The risks of working potentially without security outside operating hours would be on the individual.
- Marie suggested having a working session to brainstorm things to write down for the policy and then coming back to officialize it.

6.2 SUB Grand Opening

SUBMITTED BY: VP Events and Student Affairs (Vice Chair) “Jess Dela Cruz”

- Jess is planning to do a grand opening sometime in mid to late January.
- Would be held for one day.
- Jess is currently in the planning phase of the event.
 - Performances, safety, having one entrance, vaccination check, inviting indigenous elders etc.
- Need to prepare for if situations change with COVID-19 cases rising and event needs to be cancelled.
- Jess will establish a group to steer this event.

6.3 Better Health Partnership

SUBMITTED BY: Board Organizer “Emmanuela Droko”

- Betterhealth is an online mental health support platform with professional therapists.
- Betterhealth will provide 1 month of free service, Councilors will be able to access support based on their availability, needs and convenience.
- Matthew noted that accessibility is important when it comes to mental health support.
- Having another mental health support group can be a great alternative for people may have not had good experiences with support from school’s counseling.

- Some downsides are that credit card requirement can be a hindrance, Medical privacy can be an issue as the platform is based in US, and that Betterhealth will not accept any insurance reimbursements.
- Ella will contact Betterhealth and come back to the group with answers to various concerns.

6.4 AGM Overview

SUBMITTED BY: VP Equity and Sustainability “Marie Haddad”

- Marie was wondering about the prizes for the event, social media constituency groups for AGM promotions, whether executives will be making any videos for the event, documents of delegated roles, and outreach mapping.
- Corbett noted that prizes haven’t been decided yet but will be similar to last year (tablets, gift card, etc.), and will need to conduct meeting to figure out items and costs.
- Matthew is working on media promotions, planning to have posters up, scheduling tables in various locations.
 - Corbett noted that SFU currently doesn’t allow tabling.
 - Marie noted that there can be pamphlet give-outs instead.
- Marie is available to help with any aspects of the event and suggested to delay other unessential meetings to solely focus on AGM.
- There will be a meeting tonight for everyone to figure out all the delegation of duties.

6.5 Executive Portfolio and Annual Plans

SUBMITTED BY: VP External and Community Affairs “Matthew Provost”

- Matthew suggested setting up a 2-hour development session meeting for people to discuss what needs to be done for specifically this semester, and with regards to items that were not done from last semester.
- Will be solidifying goals that need to be done for Fall semester.

7. IN-CAMERA

7.1 MOTION EXEC 2021-10-18:03

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Be it resolved to go in-camera.

CARRIED UNANIMOUSLY

- Hours of Work LOA
- In-Camera Session postponed.

8. EX-CAMERA

8.1 MOTION EXEC 2021-10-18:04

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Be it resolved to go ex-camera.

CARRIED UNANIMOUSLY

9. ATTACHMENTS

9.1 BetterHelp Partnership Proposal

10. ADJOURNMENT

10.1 MOTION EXECUTIVE 2021-10-18:05

Matthew/Marie

Be it resolved to adjourn the meeting at 2:25 PM

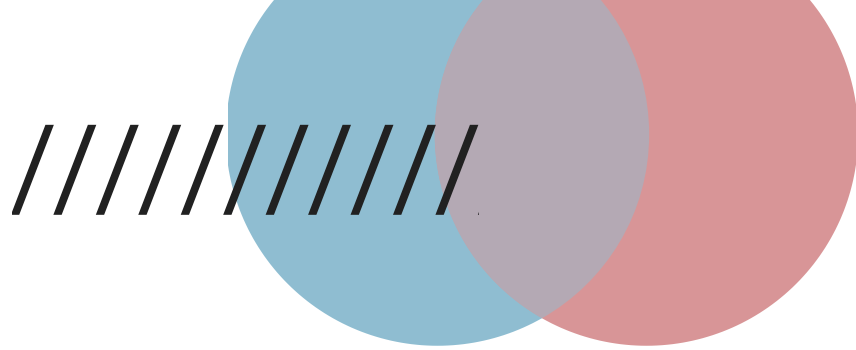
CARRIED UNANIMOUSLY



SIMON FRASER STUDENT SOCIETY + BETTERHELP

MENTAL HEALTH SUPPORT PARTNERSHIP

THE SFSS IS LOCATED ON THE TRADITIONAL, UNCEDED TERRITORIES OF THE COAST SALISH PEOPLES, INCLUDING THE X̱MƏΘḴƏÝƏM (MUSQUEAM), SḴW̱W̱Ú7MESH ÚXWUMIXW (SQUAMISH), SEÍÍLWITULH (TSLEIL-WAUTUTH), ḴIḴƏǾƏM (KWIKWETLEM) AND ÓICÓÝ (KATZIE) NATIONS.



BETTERHELP FOR ORGANIZATIONS

Board Organizer met with Kfir Eyal, VP of Sales and Partnerships to discuss the mental health support the organization could provide to the SFSS. Betterhelp is an online therapy portal seeking to reduce barriers to access to therapy. Participants have 24/7 access to text messaging support with their counselor and have access to virtual face-to-face sessions throughout their subscription.

Therapists go through a selection process and are required to provide their license to operate within their region. There are currently more than 14,000 therapists within the network. Therapists that specialize in specific lived experiences are available, including specialized support to BIPOC and LGBTQIA+ people. There is also support regarding stress, anxiety, depression, addictions, trauma, family conflicts, grief, religion, and more.

THE PARTNERSHIP

- Offering 1 month of free therapy and support (typically costs \$80 - \$110 CAD a week) for the entirety of the SFSS.
- Breakdown:
 - Councilors can access support in different ways based on their availability, needs, and convenience.

THE DETAILS

Counseling options for Council:

- Support through in-real-time text messages with a counselor
- Live chatting with a counselor
- Phone support with a counselor
- Video sessions with a counselor

DISCUSSION TOPICS

01

DEFINE SCOPE

Is the current need for this support satisfied in a 1-month partnership?

02

ACCESSIBILITY

Will Councillors be given enough time to access this support if needed?

You will need a credit card to access this support, is this accessible?

03

NEXT STEPS

What do we want to achieve in providing this support to Councillors (and potentially membership)?

