

**Caring for Each Other: Bystander Intervention and Safer Partying  
SFSS Clubs & Student Groups  
Workshop Outline**

<b>Topic</b>	<b>Method of Facilitation</b>	<b>Time</b>
<b>Welcome and Intros</b> <ul style="list-style-type: none"> <li>• Personal intros</li> <li>• Territory acknowledgement</li> <li>• Learning objectives</li> <li>• Workshop Guidelines</li> <li>• Self-care inventory</li> </ul>	Presentation and individual reflective activity	10 mins
<b>Intro to SVSPO Support Services</b>	Mentimeter quiz about SVSPO	10 mins
<b>What is sexual violence?</b>	Mentimeter quiz on myths about what is / is not sexual violence.	5 mins
<b>What is consent?</b>	Presentation	3 mins
<b>Safer Partying</b> <ul style="list-style-type: none"> <li>• Intro to the concept of harm reduction (5 mins)</li> <li>• How to practice harm reduction when you organize / attend parties and social events (10 mins)</li> </ul>	Presentation and Facilitated Discussion via Mentimeter	15 mins
<b>Bystander Intervention</b> <ul style="list-style-type: none"> <li>• What are the characteristics of an active bystander?</li> <li>• Think of a moment in your life when you saw something problematic and</li> </ul>	Facilitated Discussion (Mentimeter) + Presentation	20 mins

<p>you wanted to say or do something but you didn't. What prevented you from saying or doing something?</p> <p><b>Case Study:</b> Sexual harassment (provoked by a person's outfit) during a party</p> <p>Review of the 4Ds: Direct, Distract, Delegate, Delay</p>		
<p><b>Responding to a Disclosure in the Party Setting</b></p> <p>Share scenario + ask question: If someone discloses this situation to you during the party, what's the most important thing to do?</p> <p>Overview of Principles of Listen, Believe, Empower</p>	<p>Facilitated Discussion via Mentimeter + Presentation</p>	<p>10 mins</p>
<p><b>Q&amp;A</b></p>	<p>Facilitated Discussion via Mentimeter</p>	<p>5-7 mins</p>
<p><b>Self-care</b></p> <ul style="list-style-type: none"> <li>● Importance of self-care for active bystanders and support people</li> <li>● Reminder re. self-care inventory</li> </ul>	<p>Presentation</p>	<p>3 mins</p>
<p><b>Wrap-up</b></p> <ul style="list-style-type: none"> <li>● SVSPO contact info</li> </ul>	<p>Presentation</p>	<p>1 min</p>