RESOURCE GUIDE

For 2SLGBTQIA+ students, allies, and community at Simon Fraser University

2022
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ABOUT THIS RESOURCE

Being a university student is hard.

Being a university student and also an 2SLGBTQIA+ (2-Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual/Aromantic, and more) person is even harder.

Navigating the complexities of emergencies, housing, healthcare, hobbies and more on top of that can feel like an impossible task!

This guide is here to hopefully help you navigate these challenges by providing resources and contact information to helpful organizations at Simon Fraser University and Vancouver in general. This guide is intended for 2SLGBTQIA+ folks at SFU, but everyone is welcome to use it to help themselves or other people in their life.

Not every resource is a good fit for everyone, but there are always more organizations and support out there! If you don’t see a resource you need, please contact us at ooc@sfss.ca and ooc2@sfss.ca and we’ll do our best to get your needs met.

This is a living document and it will be updated periodically.

This resource was last updated: December 5th, 2022
EMERGENCY

If there is an emergency, please always call 911 first.

If you need help at an SFU campus:
778-782-4500 - Emergency Line (First Aid, urgent help)
778-782-7991 - Non-emergency Line (Security, Safe Walk)

CRISIS

Crisis Intervention and Suicide Prevention Centre of BC
24/7 Crisis Line at 1-800-784-2433 (1-800-SUICIDE).

Crisis Centre Chat
Online crisis chat for BC, available 12PM to 1AM.

Trans Lifeline
24/7 peer support phone service run by trans people for our trans and questioning peers at 877-330-6366.

WAVAW: Women Against Violence Against Women
24-Hour Crisis Line available at 604-255-6344.

KUU-US Aboriginal Crisis Line
Toll-free 24/7 crisis line at 1-800-588-8717

VictimLink
Immediate 24/7 crisis support to victims of any crime as well as information and referral services at 1-800-563-0808 or text 604-836-6381.
SFU HEALTH CLINICS AND RESOURCES

SFU Health and Counselling

Two medical clinics at Burnaby and Vancouver campuses and a counselling office at Surrey campus, available to SFU students at no cost. Medical doctors, nurses, counsellors, social workers and case worker appointments are available for booking, as well as limited same-day emergency walk-in spots. In addition to regular health and counselling appointments, they also provide services for sexual health, gender-affirming care, vaccines, support groups, events, volunteer opportunities, and more.

Burnaby clinic:
Maggie Benston Centre, Room 0101, Bottom floor,
9AM - 4:30PM, Monday - Friday
778-782-4615

Vancouver clinic:
Harbour Centre, Room 300, Lower level at the base of the escalator,
9AM - 4:30PM, Monday, Thursday, Friday
778-782-5200

Surrey clinic:
Call Burnaby clinic to schedule an appointment

FIC Wellness Office

An office for FIC students to access counselling, case management and academic accommodation services.
2nd floor, Rm 2111 & 2112 at Discovery 1 building, 8999 Nelson Way, Burnaby
FIC.Counsellor@fraseric.ca
SFU HEALTH CLINICS AND RESOURCES

MySSP

A service contracted by the university to provide mental support to SFU (undergraduate and graduate) and FIC students worldwide. My SSP offers both real-time 24/7 support as well as short-term scheduled support.

1-844-451-9700
Outside of North America: 001-416-380-6578
Also available as an app for Android and iOS

HEALTH INSURANCE

Students at SFU are covered under Pacific Blue Cross, with specific insurance details negotiated by their student societies, Simon Fraser Student Society (SFSS) for Undergraduate students and Graduate Student Society (GSS) for Graduate students.

Undergraduate students’ policy number for Health, Dental, and Vision claims is 79209. The certificate number is your 9-digit student ID number. For any questions, students can visit the Student Care centre at SUB 2301.

Graduate students’ policy number for Health, Dental, and Vision claims is 80993. The certificate number is your 9-digit student ID number.

Fraser International College (FIC) students have mandatory insurance from GuardMe for their first semester in Canada.

All residents that stay in BC for at least 6 months in a calendar year should apply for a Medical Service Plan (MSP). While monthly payment has been eliminated for domestic students, international students are still responsible for paying a monthly fee of $75.
HEALTH RESOURCES

MindMapBC
A database of outpatient mental health services including professional counselling, peer counselling, support groups, and others.

Healing in Colour
A directory of BIPOC therapists who are committed to supporting BIPOC—in all our intersections.

Foundry
A province-wide network of integrated health and wellness services for young people ages 12-24.

HIM
A nonprofit society that aims to strengthen the health and well-being in communities of self-identified GBQ men and gender diverse people in BC.

OPTions for Sexual Health
BC organization offering current sexual and reproductive health care, information, and education from a feminist, pro-choice, sex positive perspective.

8-1-1
A free-of-charge provincial health information and advice phone line available in British Columbia.

Emergency Department Wait Times
A website providing a list of Vancouver, Richmond, and North Shore emergency departments along with wait times for 6 emergency departments.

Catherine White Holman Wellness Centre
Low-barrier wellness and legal services to Two-Spirit, transgender and gender non-conforming people in a way that is respectful and celebratory of clients’ identity and self-expression.
TransCare BC
Health authority in BC delivering equitable and accessible care, surgical planning, and peer and community support for trans people across the province.

TransCare BC Insurance Coverage
Resource outlining insurance policies for gender-affirming medical transition pathways.

Canadian Professional Association for Transgender Health
National multidisciplinary, professional organization in the world, working to support the health, wellbeing, and dignity of trans and gender diverse people.

World Professional Association for Transgender Health
Interdisciplinary professional and educational organization devoted to transgender health.

Trans Rights BC Healthcare
Primer on rights of trans people in BC regarding access to healthcare.
SFU Sexual Violence Support and Prevention Office (SVSPO)
An office providing free and confidential support to survivors and witnesses of sexual violence, as well as people who support them. They can assist with referrals, information, safety planning, and more. SFU SVSPO also provides education on sexual violence, consent, and being an active bystander, as well as running awareness campaigns throughout the year.
1301 West Mall Centre (WMC), Burnaby campus
778-782-7233
sv-support@sfu.ca

BC Society for Male Survivors of Sexual Abuse
Non-profit society providing victim services, group therapy, and reduced-cost individual counselling in Vancouver for self-identified men and boys who have experienced sexual violence.

WAVAW
A crisis line center providing support services to survivors of sexualized violence who have shared experiences of gender marginalization: cis and trans women, Two-Spirit, trans and/or non-binary people.
SFSS Student Advocacy Office
The Student Advocate supports undergraduates at SFU in academic and non-academic matters.
Student Union Building Room 3301
Monday to Friday, 10:30am - 5:30pm
studentadv.coord@sfss.ca

GSS Advocate and Policy Advisor
A dedicated staff person to help graduate students with their individual concerns.
Tuesday to Friday, 9 AM - 4 PM
778-782-9412
advocacy@sfugradssociety.ca

The Ombudsperson
The Ombudsperson at SFU is an independent, impartial and confidential resource for students.
MBC Room 2266
778-782-4563
ombuds@sfu.ca

SFU Human Rights Office
The office providing safe, timely, confidential and impartial advice, support, referrals and information to members of the SFU community on issues related to human rights.
AQ Room 3045
Mondays to Fridays from 9:30am to 4:30pm
778-782-4446
kristen_woo@sfu.ca
ADVOCACY SUPPORT

Office of Student Support, Rights & Responsibilities
An office where students can find out about their responsibilities and rights as members of the SFU community, and learn about the support available.
778-782-5699
ssrr@sfu.ca

SFU Bullying and Harassment Central Hub
The first point of contact for all SFU students, staff and faculty who may have experienced bullying and harassment at SFU.
236-885-8351
bhinfo@sfu.ca

LEGAL SUPPORT

SFSS/GSS Free Legal Clinic
Free legal services for graduate or undergraduate students at SFU.

Access Pro Bono
Organization providing a full spectrum of free legal services.

Legal Aid BC
Non-profit organization providing legal information, advice, and representation services.

The Law Students’ Legal Advice Program
Non-profit providing free legal advice and representation to clients in the Lower Mainland who would otherwise be unable to afford legal assistance.
LEGAL AND PREFERRED NAMES

From SFU ID webpage:

Your legal name appears on official university documents:

- Official university transcripts
- Reports to government
- Letters of attestation
- Diplomas and certificates
- Tuition fee invoices and/or receipts

Once you have changed your name legally through the government, you can change your legal name on your SFU records.

To change your legal name, please use the Student Name Change Application and submit to urecords@sfu.ca.

The preferred first name will appear in parenthesis on the following unofficial internal university documents:

- Class lists
- Student advising transcripts

When you change only your preferred name, your legal name may still show up on your academic transcript, degree parchment, and other documentation.

To change your preferred name, please use the Use of Preferred First Name Application and submit to reginfo@sfu.ca.
LEGAL AND PREFERRED NAMES

To specify a preferred name through the Student Information System at go.sfu.ca, do the following:

1. Log in with your SFU computing ID and password
2. Scroll down to the Personal Information section and click Names
3. There, it will show your legal name and your preferred name. To change your preferred name click on “add a new name” or on “Edit” beside your current preferred name.
4. Fill in the form, and click save. This preferred name will be used in the SFU Directory, the Global Address List in SFU Mail, and SFU Canvas, as well as in brackets on class rosters and advising transcripts.

Changing your name in the Student Information System should automatically change it in Canvas, but there have been accounts of this not automatically happening. Additionally, staff and faculty may not have SIS accounts but still need to change their Canvas names.

To change the name used in SFU Mail, do the following:

1. Type www.sfu.ca/sfuds into your browser’s address bar. If you are logged in as a guest, login with your student account for full access by clicking the Login button.
2. Once you are logged in, click [ Edit My Entry ] in the top right hand corner of the screen.
3. In the Display Name field, enter your desired first and last name, then press Save Changes. Note that most common accented/special characters (e.g., ç, é, ü, ñ, etc.) are now supported.
4. You can then log into OWA to view the change to your preferred display name by clicking the profile photo in the top right hand corner. Please note that the changes made in SFU Directory Services may take up to two hours to appear in SFU Mail.
LEGAL AND PREFERRED NAMES

It is possible to set up an email alias through IT Services, that can change how your email address appears to people (for example, instead of legalname_lastname@sfu.ca or legalinitials@sfu.ca, you could change it to preferredname_lastname@sfu.ca). To do this, contact IT Services at itsinfo@sfu.ca and provide the email you would like to change. This will only affect your email address, not your SFU Computing ID in general.

To specify a preferred name in Canvas, do the following:
1. Log in with your SFU computing ID and password
2. Click on Account
3. Click on Profile
4. Click “Edit Profile” and change the name listed there.

To add your pronouns in Canvas, do the following:
1. Log in with your SFU computing ID and password
2. Click on Account
3. Click on Profile
4. Click on “Pronouns” box below your name and choose the pronouns to be displayed.

Because of the Canvas setup, the pronouns options are predetermined by the institution (in our case, SFU) and you cannot add your own custom option. If you do not see the pronouns you use, please contact SFU IT Services to add your pronouns to the options list.

To change your display name on Zoom, do the following:
1. Log in to your SFU account https://sfu.zoom.us
2. Access your profile on the portal.
3. Click Edit next to your name.
4. Enter a preferred name you want to use and click Save Changes.
LEGAL AND PREFERRED NAMES

To add your pronouns on Zoom, do the following:
1. Log in to your SFU account: https://sfu.zoom.us
2. In the navigation panel, click Profile.
3. On the right side of your name, click Edit.
4. In the Pronouns field, enter your pronouns and click Save.

You can also select whether you want your pronouns to be shared with everyone in the meeting automatically, to be asked if you want to share your pronouns when you join a meeting, or to only display your pronouns after you manually select them in a meeting.

GENDER DESIGNATION

From goSFU help:

Undergraduate students:

1. Current students, please go to goSFU and sign in with your computing ID and password. Applicants, please go to applicant.sfu.ca and sign in with your student number and password.
2. Click on Student Centre.
3. Scroll down to Personal Information and click on Gender from the list or from the dropdown menu.
4. Select your gender from the dropdown menus. Your options are:
   a. Please indicate your gender:
      i. Woman
      ii. Man
      iii. Non-Binary Gender
      iv. Prefer not to answer
GENDER DESIGNATION

a. Would you say you are:
   i. Cisgender
   ii. Transgender
   iii. Prefer not to answer

5. Click submit.

Graduate applicants:

1. Go to goSFU and sign in with your computing ID and password. For spring and summer 2023 applicants, please sign in with your Grad Application Number. (i.e. GA00000999)
2. Click on the NavBar icon on the top right corner > Menu > Gender
3. Select your gender from the drop down menus. Your options are:
   a. Please indicate your gender:
      i. Woman
      ii. Man
      iii. Non-Binary Gender
      iv. Prefer not to answer

b. Would you say you are:
   i. Cisgender
   ii. Transgender
   iii. Prefer not to answer

4. Click submit.
LEGAL NAME AND GENDER CHANGE

Trans Care BC Updating ID Guide
This online guide provides information about how to legally change your name and gender markers on identity documents (ID) issued by the British Columbia (B.C.) provincial and Canadian federal governments.

Adrienne Smith's post
This post provides information about how to legally change your name and gender markers on identity documents issued by provincial and federal governments.

Trans ID Clinics
ID Clinics provide notarial, administrative, and emotional support to folks who require assistance with name and gender marker change processes. They are usually regular events at queer organizations, staffed by lawyers and peer volunteers.

Trans ID Clinic at QMunity
transid@qmunity.ca
SFU Residence and Housing
All private single rooms housing in different dormitory styles, for SFU Undergraduate and Graduate students and FIC students. Located on Burnaby and Vancouver campuses.

Places4Students
Online listing service which specializes in providing rental housing options for students.

“Homes for Queers Vancouver” Facebook Group
Group for “queers, trans, gender variant and non-hetero identified folks and allies to share information about possible living arrangements.”

Craigslist
An advertisement board, with sections devoted to housing, jobs, items for sale, etc.

Tenant Resource & Advisory Centre (TRAC)
A non-profit organization that provides free legal education, representation, and advocacy on residential tenancy matters.

RainCity LGBTQ2S+ Housing for Youth
A program working to secure housing for queer and trans youth aged 18 to 24 who are experiencing homelessness.

BC Housing Affordable Rental Housing
Housing listing for people who have a low-to-moderate income but may not be eligible for subsidized housing.
SFU Food Services
A webpage listing all dining options on SFU Burnaby campus.

SFU Meal Plans
Meal plans through SFU Dining Commons. Can also be accessed by students, staff, and community by paying the door rate.

Food Certificate Programs
SFSS and GSS offer food certificates for students facing hunger and financial insecurity.

SFU Food Security
A webpage listing ongoing SFU food banks, pantries, community fridges, and community resources.

Saige Food Bank & Community Kitchen
A food bank that provides a no barrier safe space for transgender and gender non-conforming or queer individuals to access healthy food, as well as support from their LGBTQ2+ peers and allies.
BIPOC SUPPORTS

SFU Black Caucus Black Community Resources
A list of resources available at SFU and wider community for Black students.

Indigenous Student Centre Support and Resources for Indigenous Students
A list of resources available at SFU and wider community for Indigenous students, made by SFU Indigenous Student Centre.

SFU Health and Counselling Identity and Community Groups
Counselling groups and events, with offerings changing semester to semester. Previous groups included: Desi Diaries, Tending to Anti-Asian racism, Iranian Student Support Group, etc.

Sher Vancouver
A registered charity for queer South Asians and their friends, families, and allies.

UNYA 2-Spirit Collective
Provides support, resources and programming for 2-Spirit or LGBTQ+ and questioning Indigenous youth.

YouthCo’s Yúusnewas
Indigenous youth-led program tackling HIV and HepC stigma.
RELIGIOUS SUPPORTS

SFU Multifaith Centre
Faith-based support for SFU community. A hub for student-run faith groups.

JQT Vancouver
Volunteer run Jewish Queer and Trans non-profit.

Salaam Canada
National organization creating safer spaces for LGBTQ Muslims.

My Davie Village LGBT Friendly Churches
A list of Vancouver organizations for queer people of faith.

Human Rights Campaign Religion and Faith resources
A collection of resources for queer people of faith.
DISABILITY SUPPORTS

SFU Centre for Accessible Learning
Centre providing disability related information and support to the SFU community and campus visitors, and act as liaison between students and faculty in the implementation of disability-related services and accommodations.
1250 Maggie Benston Centre
9:00AM - 4:00PM, Monday to Friday
778-782-3112
cal_admin@sfu.ca

Disability Alliance BC
Organization that champions issues impacting the lives of people with disabilities through our direct services, community partnerships, advocacy, research and publications.

Inclusion BC
Federation working with partners to build community and to enhance the lives of children, youth, adults with intellectual and developmental disabilities, and their families by building awareness, inspiring action and advancing rights, responsibilities and social justice.

Disability Resource Network of BC for Post-Secondary Education resources
List of resources available to disabled post-secondary students in BC.
REFUGEE SUPPORTS

SFU World University Services of Canada (WUSC)
Services for SFU students who identify as refugees or newcomers.

MOSAIC I Belong
Program welcoming all LGBTQIA2+ refugees and newcomers.

Rainbow Refugee
Organization providing support, information, and system navigation to refugees and refugee claimants seeking refugee status in Canada.

Rainbow Railroad
Organization helping LGBTQI+ people facing persecution based on their sexual orientation, gender identity and sex characteristics.

Queer Refugee Hearings Program Toolkit
Comprehensive toolkit on claiming refugee claim in Canada based on sexual orientation, gender identity and expression, and/or sex characteristics (SOGIESC).
International Services for Students
Provides advising, information, and support to International students and students studying abroad.

Global Student Centre
Campus hub for creating intercultural connections, engaging in global issues, and sharing international experiences.

Transition Case Manager
Health & Counselling program supporting students from international pathways (both undergraduate and graduate) and their transition into and out of SFU.

Destination YVR
A guide for queer newcomers and students from SHER Vancouver.
SEX WORK

WISH
Centre for improving the health, safety and well-being of women who are involved in Vancouver’s street-based sex trade.

Pace Society
Centre providing confidential, non-judgmental services for sex workers, including occupational health and safety education, support, advocacy, outreach, and drop-in services from a harm reduction and rights-based model.

SWAN
Centre providing culturally-specialized supports & advocacy for im/migrant women engaged in indoor sex work.

HARM REDUCTION

HealthLinkBC Harm Reduction
A webpage explaining basics of harm reduction.

Toward The Heart
A website with educational resources, local organizations, and alerts.

HIM Resource for People who use Drugs
Resources, supplies, and events for people who use drugs.
ACADEMIC SUPPORT

SFU Library
Library facilities on all three campuses. Student Learning Commons for Undergraduate and FIC students and Research Commons for Graduate students offer writing and research support. AskAway services are also available for research support and further library questions.

WriteAway
WriteAway tutors provide feedback on course-based academic writing assignments keeping in mind the objective of developing the academic writing skills of the writer.

SFU Academic Advising
Student Services Advising and Departmental Advising is available for appointment bookings for Undergraduate students.

FIC Student Success Advising
Academic advising for FIC students, available in-person, on Zoom and email.

SFU Graduate and Postdoctoral Studies Community Guide
Contains resources for research and writing, teaching and learning, and other resources for Graduate students.
SFU Financial Aid and Awards
SFU Office assisting with government-issued student financial assistance, SFU-based bursaries, scholarships, awards and other funding opportunities.
778-782-6930
fiassist@sfu.ca

Living Personal Truths Award
SFU award for demonstrating a significant contribution to reducing discrimination and/or increasing awareness of sexual orientation and gender diversity.

BC Student Aid
Organization helping eligible students with the cost of their post-secondary education through loans, grants, scholarships, and other programs.

LOUD Scholarships
Scholarships by the LOUD Foundation for future leaders of the Canadian 2SLGBTQ+ community.

Leaders to be Proud of Awards
Awards by Start Proud to recognize exceptional LGBTQ+ Leaders and Allies within Canada.

Jeremy Dias Scholarship
Scholarship through CCGSD to recognize a youth that has taken initiative in addressing discrimination towards 2SLGBTQIA+ folks in their school or community.

The Freddie Scholarship
Scholarships for 2SLGBTQIA+ post-secondary students engaged in community action and advocacy.

The January Marie Lapuz Youth Leadership Award
Award for deserving youth 16 to 30 years of age who demonstrated involvement, commitment and leadership in the 2SLGBTQ+ community.
CAREER

Career and Work Student Services
Centre for anything career related, from work search to future plans, crafting resumes to being your best in an interview.

MyInvolvement
Portal to register for career and leadership development programs, apply for volunteer and paid positions, sign up for campus events and workshops, and access your Co-Curricular Record.

Co-operative education
Program to complete work internships while studying.

Work Study Program
Opportunity to participate in research-based projects and earn a supplemental income, for Undergraduate and Graduate students.

ATHLETICS AND SPORTS

SFU Athletics
SFU is part of NCAA, which outlines the conditions for trans athletes participation.

SFU Recreation
A recreation centre at Burnaby campus, available to everyone in the SFU and FIC community.

My Davies Village LGBT Sports Organizations and Groups
List of local resources for queer people interested in sports.

Trans Inclusive Swim – Templeton Park Pool
The Vancouver Park Board operates a weekly Trans Swim for Two Spirit, trans, and gender diverse people to use the pool or gym.
SFU NAVIGATION

**SFU Snap**
Phone app with maps, course schedules, transit schedules, and more. SFU-wide alerts are also made through the app.

**SFU Room Finder**
Room finder website for all three SFU campuses.

**Washroom Search**
A document with instructions to locate gendered and gender neutral bathrooms at SFU.

**Lost and Found**

**Burnaby campus:**
Call our information kiosk at 778-782-5451. One of our Student Safety Engagement Program (SSEP) members can search our database or log your item. If you receive no answer, inquiries can be emailed to lost@sfu.ca

**Surrey campus:**
Visit the security desk located in the Mezzanine to report lost items.

**Vancouver campus:**
Visit the security desk in your building, call 778-782-5029 or contact Facilities via fsvhelp@sfu.ca

**SafeWalk**
Program providing SFU community members with a Campus Security escort to support safe travel on campus 24/7.
CAMPUS INVOLVEMENT

CJSF
Campus and community radio station.
SUB 1420
cjsfprog@sfu.ca

The Peak
The school newspaper.
2900 Maggie Benston Centre
promotions@the-peak.ca

Clubs
A list of all clubs currently active.

DSUs
A list of all Department Student Unions currently active.

SAFER SPACES ON CAMPUS

Out on Campus
A department of the SFSS supporting SFU’s LGBTQIA2S+ students and allies, through providing safer sex and menstrual supplies, referrals, education, and more.
SUB 2230
Monday to Friday, 9am - 4pm
ooc@sfss.ca

Women’s Centre
Department of the SFSS providing education and services to all visitors, including allies.
SUB 2110
Monday to Friday, 9am - 4pm
womenscentre@sfss.ca
SAFER SPACES ON CAMPUS

SFPIRG
Resource centre dedicated to social and environmental justice.
SUB 1410
info@sfpirg.ca

SFU SOCA
Welcoming space for people of the varied African and Caribbean Heritages and their descendants.
SUB 1430
sfusoca@gmail.com

SFU FNMISA
Indigenous student-run group for First Nations, Métis & Inuit students.
SUB 1440
fnmisa-board@sfu.ca

SFU DNA
Student-led network of community members who identify as disabled, autistic, neurodivergent, Deaf, mad and/or as having a disability, chronic illness, long-term condition, or mental illness.
SUB 1300
sfudna@gmail.com

Embark
Space for transformation by catalyzing student sustainability journeys that centre justice, equity, decolonization, diversity and inclusion.
SUB 1310
info@embarksustainability.org
2SLGBTQIA+ COMMUNITY RESOURCES

Qmunity GAB Youth Program
Youth drop-ins are a community-oriented space where youth can hang out and seek support.

Little Sister’s Book & Art Emporium
LGBTQ+ run and oriented store selling books, gender-affirming products, and sex toys.

Big Bro’s Barbershop
LGBTQ+ run and oriented barbershop, also supplying gender-affirming products.

UBC CampOUT!
A summer camp for queer, trans, and Two-Spirit youth ages 14-21 from across BC.

2SLGBTQIA+ 101

TransCare BC Glossary
An interactive resource containing explanations to commonly used terms.

QMunity Queer terminology from A to Q
A glossary of commonly used terms.

PFLAG Our Children
A booklet with LGBTQ+ basics.

American Psychology Association Style Guide: Gender and Sexuality
Guidelines for bias-free language with examples and advice.
SFSS Out on Campus
SUB 2230, 8888 University Drive,
Simon Fraser University, Burnaby, BC, V5A 1S6
(778) 782-5933
sfss.ca/ooc
ooc@sfss.ca
linktr.ee/outoncampus